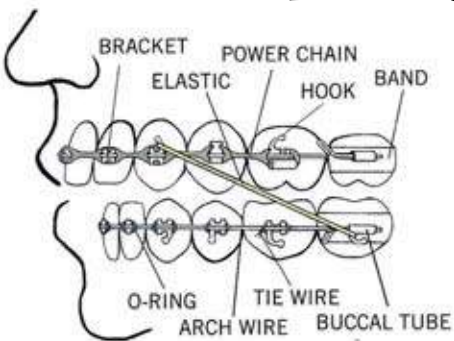


# VILLAGES SQUARE DENTAL CENTRE

Sometimes during ortho treatment, items may feel loose or different and the below diagram is a good reference to keep on hand. If something feels broken, please call the office it is best to inform the staff prior to the next scheduled appointment. If something breaks off please place it in an envelope and bring it with you to your next appointment.



## Problems



Loose Bracket

Loose Band



Lost elastic tie

## Wire has come out of tube



Try to place wire back into tube with a pair of tweezers









Poking Tie Wire



Bend wire back with a pencil eraser. If needed, cover with wax and call to make an appointment.

## Preventing Problems with your Braces

Cause		Effect
	Biting Ice → Bracket Loose	
	Chewing on Pens or Pencils → Bent Archwire, Bracket Loose	
	Chewing Caramel → Band Loosened	
	Biting Whole Apple → Bracket Displaced	

Certain foods can lead to decay and swollen gums. Sugary, Sticky and Sodas should be avoided during orthodontic treatment..

