

VILLAGE SQUARE DENTAL CENTRE

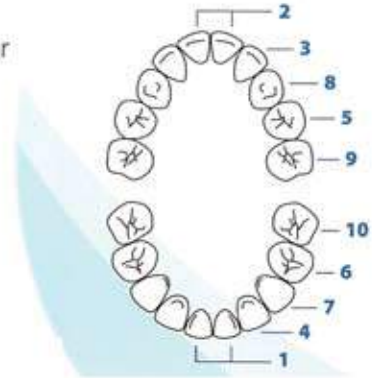


How teeth develop

All twenty primary teeth begin forming in the jaw bones before your baby is born. The two lower front teeth are usually first to appear, followed by the two upper front teeth. You can expect to see all twenty primary teeth by age 2 - 2 ½.

In order as they usually appear:

- 1) 6 months lower central incisors
- 2) Followed by upper central incisors
- 3) 8 months upper lateral incisors
- 4) Followed by lower lateral incisors
- 5) 12 months upper first molars
- 6) Followed by lower first molars



- 7) 18 months lower cuspids
- 8) Followed by upper cuspids
- 9) 24 months upper second molars
- 10) Followed by lower second molars

Baby gums

Though there is no set schedule for teething, this delightful process traditionally begins around six months of age. In the meantime, it's essential to clean your baby's gums after every feeding. A gentle wipe with a soft, dampened cloth is all it takes to get rid of residual bacteria.

And since teeth are basically small bones it's no wonder babies become irritable when their primary teeth (or baby teeth) start pushing through. A cool teething ring is a great way to help relieve the discomfort of tender gums.



Baby teeth

From the first time they appear, you should begin brushing your baby's teeth twice a day. Use a small ultra soft bristled toothbrush and just a dab of non-fluoridated toothpaste (about the size of a grain of rice). You can introduce fluoridated toothpaste only when your child can expectorate effectively while brushing (between the age of 3 to 5 years old) thereby preventing excessive swallowing of fluoride.

Be patient as most babies will need time to adjust to having their teeth brushed. The most efficient way to go about it is to sit your baby sideways on your knee, hold on with one arm and use the other to brush softly with a circular motion.

Preventing premature decay

Baby teeth are important and a daily care routine should be established to maintain their proper health. As we now realize, primary teeth play a crucial role in guiding adult teeth into position.



Start your children in the
right direction- brush 2x a day

